

Instructions For Using Mindset For IELTS Book

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Abstract

After reading the full Mindset for IELTS book series written by Cambridge University Press and published in 2017 - Cambridge University Press is also the author of the Cambridge IELTS preparation book series from books 1 to 17, I found the Mindset for IELTS to be an extremely useful document for self-study and guided learning of teachers through four IELTS skills for learners from Beginner to Advanced level. I hope after this reading, learners will have more or less confidence and experience in the IELTS test in the next few years. I selected the participants according to my research as English Language students of the Department of Foreign Languages of Dong Nai University (DNU), where I am working and started teaching this curriculum. At the same time, I also apply this book to self-taught people who are 40 students at English Melody center (HMC), 2 km from DNU.

Keywords: mindset foundation, mindset 1, Vocabulary for IELTS, Academic, Reading for IELTS

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I. Introduction

This book will not only give theory and learning methods according to each lesson format, but also provide a huge number of tests to help learners develop all 4 skills in IELTS synchronously. The book series will be a good choice for learners who need to learn from the basics until they achieve their goals.

The series consists of 4 books:

Book 1: Mindset for IELTS Foundation (for learners at band level 3.0).

Book 2: Mindset for IELTS 1 (for learners at band level 4.0 who want to go to band 5.0 – 5.5).

Book 3: Mindset for IELTS 2 (for learners at band level 5.5 who want to go to band 6.5).

Book 4: Mindset for IELTS 3 (for learners at band level 6.5 who want to go to band 7.5+).

The aim of the research

Helps learners find the right textbook to confidently self-study and improve their English skills from easy to difficult and can take the IELTS test after finishing each book.

This set of books is divided into clear and distinct sections, with beautiful illustrations and quite detailed exercises. Similar to other books, Mindset for IELTS is also divided into small units so that learners can easily access and divide their study time appropriately.

The research questions

Help learners use suitable books and buy them at reputable bookstore or websites in Vietnam.

The rationale for the research

Many people study on their own but do not know which textbook is suitable for them from low to high level. Teachers don't know how to choose and support students to learn faster. Through the Mindset for IELTS book series, which has a clear roadmap, learners have more patience and confidence when studying IELTS.

Participants

I tested one of four in this book series at Dong Nai University, 30 km from Ho Chi Minh city. Address: No. 9, Le Quy Don, Tan Hiep Ward, Bien Hoa City, Dong Nai. Email: lienhe@dnpu.edu.vn; Website: <http://dnpu.edu.vn/>. I guided 80 students majoring in English from 2 classes at DNU and 40 students at English Melody center and asked them to study on their own the book MINDSET FOUNDATION before participating in studying the book MINDSET 1. Then, test and evaluate their level. understanding and proficiency achieved after using these books for 3 weeks.

II. Literature Review

In order to provide learners with the most accurate and specific instructions for the IELTS exam, the layout of the book Mindset for IELTS includes the following sections:

Part 1: Grammar and Vocabulary

Part 2: Language builder

Part 3: Reading and Writing

Part 4: Listening and Speaking

Through the 4 parts of the book series, learners are thoroughly prepared in terms of knowledge, experience and exam psychology. This set of books helps learners practice all 4 skills comprehensively. The complete Mindset for IELTS set has 4 levels: Foundation, 1, 2 and 3 to suit each student's score band. At the same time, let learners know the advantages and disadvantages of the book, from which they can apply the book appropriately.

Mindset for IELTS Foundation is the first book in the entire Mindset for IELTS series. Most of this first book will help beginners get acquainted with the IELTS test, so the learning content is quite simple and easy to understand, including only 10 topics familiar to learners. The Mindset for IELTS Foundation book helps learners build a "foundation" of vocabulary and grammar because at the end of each Unit there is a "Grammar and Vocabulary" section that other books do not have.

IV. Content For Each Book

Mindset for IELTS Foundation

Topics covered by the authors' team in the book:

Unit 01: Daily life

Unit 02: House and home

Unit 03: Hobbies, leisure and entertainment

Unit 04: Travel and holiday

Unit 05: Food

Unit 06: Transport and places in town

Unit 07: Jobs, work and study

Unit 08: Health and medicine

Unit 09: Language

Unit 10: Science and technology

Each lesson will include four main parts: lesson objectives, introductory exercises, practice of 4 skills with answers and exercises on vocabulary and grammar.

The structure of one unit includes:

Step 1: The author introduces the information that will be discussed in the unit.

Step 2: Learners do the unit's opening exercises.

Step 3: Learners continue to do other types of exercises according to 4 skills such as "Vocabulary and Speaking", "Reading", "Writing" and "Listening". Useful tips are also integrated into the exercises by the author.

Step 4: Learners practice vocabulary and grammar.

Step 5: After completing all the exercises, learners look at the answers at the end of the book.

Mindset for IELTS 1

Mindset for IELTS 1 is the next book in the Mindset for IELTS series, the book is aimed at learners who are in band 4.0 and have a goal of band 5.0 - 5.5.

The book's content also includes basic grammar and covers topics in everyday life. This book also helps learners practice all 4 skills of Reading, Writing, Listening and Speaking. The book's content is presented in an easy-to-understand, scientific manner and learners will easily absorb it effectively.

Topics covered by the authors' team in the book:

Unit 01: Relationships

Unit 02: Places and buildings

Unit 03: Education and employment

Unit 04: Food and drink

Unit 05: Consumerism

Unit 06: Leisure time

Unit 07: Fame and the media

Unit 08: Natural world

Each lesson will include four main parts: lesson objectives, introductory exercises, practice according to 4 skills with answers and sample lessons for learners to refer to.

The structure of one unit includes:

Step 1: The author introduces the information that will be discussed in the unit.

Step 2: Learners are provided with vocabulary and grammar before doing reading, listening, writing and speaking exercises.

Step 3: After learning the necessary vocabulary and grammar, learners practice the four skills.

Step 4: For writing and speaking skills, the author approaches by giving ideas with an appropriate response structure. Next, learners practice answering this question themselves. The author then provides a sample answer with necessary vocabulary and grammar for learners to refer to expand their answers.

Step 5: After completing the exercises, learners see the answer and there is a listening script at the end of the book so that they can understand clearly about the listening lesson as well as many new vocabularies.

Mindset for IELTS 2

Mindset for IELTS 2 suitable for learners whose goal is band 6.5. Like book 1, this book also covers IELTS grammar and vocabulary in 8 lessons but at a higher score band.

Books also help learners practice all four skills of Reading, Writing, Listening and Speaking. The book's content is presented in an easy-to-understand and scientific manner so that learners can easily absorb it effectively. The topics in this book are considered more difficult because the topics are more academic such as the man-made environment, Education system, ...

Topics covered by the author team in the book:

Unit 01: The man-made environment

Unit 02: Leisure and education

Unit 03: The news and media

Unit 04: Travel and transport

Unit 05: Business and work

Unit 06: The natural environment

Unit 07: Education systems

Unit 08: Festivals and traditions

Like the book Mindset for IELTS 1, each lesson will include four main parts: lesson objectives, introductory exercises, practice according to 4 skills with answers and sample lessons for learners' reference.

Mindset for IELTS 3

Mindset for IELTS 3 is the last as well as the most difficult and best book in the Mindset for IELTS. This book is suitable for learners who want to conquer band 7.5 or higher in the IELTS exam.

This book also includes 8 lessons to practice 4 skills of Reading, Writing, Listening and Speaking. The book's content is presented easily and scientifically so that learners can absorb effectively. The topics in this book are also quite unfamiliar to daily life such as Urban and rural life, Art and architecture, ...

Topics covered by the authors' team in the book:

Unit 01: Urban and rural life

Unit 02: Health

Unit 03: Art and architecture

Unit 04: Finance and business

Unit 05: History

Unit 06: Science and technology

Unit 07: Television, news and current affairs

Unit 08: Culture

Like the book Mindset for IELTS 1 and 2, each lesson will include four main parts: lesson objectives, introductory exercises, practice according to 4 skills with answers and sample lessons for learners' reference.

V. Improvement Strategies

Through 3 weeks of monitoring and evaluating students and students of the center about the process of using this book, I have learned experiences so that learners can find and use books better.

Table 1: Extensive experience with book requirements

Date	Class	Lessons	Techniques used	Notes
1 April 2024	NNA 1	Foundation - Unit 1: Daily Life	Self-study	It's not difficult to learn
2 April 2024	NNA 2	Foundation - Unit 1: Daily Life	Self-study	It's difficult to find the content of the book

3 April 2024	Center	Foundation - Unit 1: Daily Life	Self-study	It's difficult to find the audio
8 April 2024	NNA 1	Foundation – Unit 2: House and home	Teacher's help	Distribute time
9 April 2024	NNA 2	Foundation – Unit 2: House and home	Teacher's help	It seems to understand how to use the book
10 April 2024	Center	Foundation – Unit 2: House and home	Teacher's help	It's good to learn
15 April 2024	NNA 1	Foundation – Unit 3: Hobbies, Leisure and Entertainment	Self-study and Teacher's help	It's better to learn
16 April 2024	NNA 2	Foundation – Unit 3: Hobbies, Leisure and Entertainment	Self-study and Teacher's help	Be patient and study more carefully
17 April 2024	Center	Foundation – Unit 3: Hobbies, Leisure and Entertainment	Self-study and Teacher's help	a lot of experience with book requirements

In addition, I also give students the opportunity to refer to more types of textbooks in the process of self-study, guided learning and both self-study and guidance so that students have more opportunities to choose the appropriate curriculum.

After 3 weeks of applying the requirements, students have a better idea of how to use this book.

Here are the results of the increasing use of this series for self-study.

Here are the results:

Table 2: Students' feedback on questionnaires

Questions	Options	Response	Percentage
1. How do you feel after self-study?	confused	20	23%
	unsatisfied	18	18%
	satisfied	70	49%
	other	12	10%
2. Are you suitable to use this book?	appropriate	99	90%
	inappropriate	21	10%
3. What methods will you use to learn quickly?	self-study	70	60%
	teacher 's help	20	15%
	self-study and teacher 's help	30	25%
4. How much of the exercises did you complete in the book?	not much	10	09%
	much	70	61%
	very much	40	30%
5. Are books very useful for studying IELTS?	Yes	120	100%
	No	0	00%

The above data shows that 60% of students are very interested in self-study according to this book. 25% still prefer the way of learning combined with self-study with the guidance of teachers, the remaining 15% is also not much for teachers to actively guide.

Most students today participate in self-study or teacher-guided learning so that they can quickly achieve the desired results. Therefore, this book series is very suitable for learners to own and take advantage of to understand the IELTS roadmap and improve English more and more easily and smoothly.

In addition to asking students to self-study to learn the book, I find that the book series helps a lot for learners and teachers to save more time in the IELTS learning process.

VI. Advantages And Disadvantages Of Books

Advantage:

I find the Mindset for IELTS series very useful, suitable for the needs of learners today and for many years to come I still apply this book to DNU students and students outside the school vi:

The book series is compiled by veteran and experienced teachers in the field of English teaching, so the content in the book will be suitable for IELTS. They are designed in a sequence, going from low to high, each book is aimed at a specific, clear audience, for all audiences of all levels.

In addition to theory, the book has a beautiful design, many colors, beautiful images, attractive, inspiring learners and helping the lesson less boring.

The content ranges from basic topics of daily life to in-depth academic topics. Throughout the book series, repetitive topics in addition to helping learners consolidate and improve the vocabulary of each topic, the book series can also help learners have a deeper, more multidimensional view into each topic, maybe ideas for Speaking and Writing.

The lessons are clearly divided, divided into small lessons so that learners can allocate reasonable learning time without causing boredom because the amount of knowledge absorbed is not overloaded.

The amount of exercises is large and diverse, helping learners comprehensively develop English skills along with some grammar and language knowledge.

There are online exercises to supplement Listening, Speaking, Reading and Writing skills along with knowledge of Grammar and Vocabulary.

The scripts and keys section help you learn better on your own.

The book series shares some very useful tips and tricks with the IELTS test.

This series of books is applied to both self-study as well as effective textbooks.

There is rarely a book series where learners practice all 4 skills in the same set like this one.

Disadvantage:

Now that I'm starting to use this textbook, it's likely that there's still a lot better about how to fully use it. I hope that in the coming time, I can update more about the remaining books to confirm more accurately in the coming years about this series.

In addition to the above limitations, the book also has a few so it needs to be supplemented and improved to help learners follow a detailed table of contents to learn better.

The price of books is relatively high for the whole series for learners.

If learners do not buy books outside the store but only download books from online, they will not have a mock test bank of books.

VI. Conclusions

The above article has introduced readers to the book series. This is a suitable set of materials for learners who are at A2 level or higher and need to learn and start the exam IELTS. The book series has provided an overview of the book, detailed content of each book, evaluation of advantages and disadvantages and instructions for using the book in the most effective way. I hope this article will help learners in the IELTS preparation process to choose the right material for themselves because it overcomes many disadvantages of other books. If learners are looking to study IELTS but do not know where to start, they should try to study this book series and spend a lot of time studying to achieve the IELTS band they want.

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