

## Impact of an Educational Program on Knowledge and Practices of Nurses about Caring of Patient with Chest Tube.

Reda AbdelSalam Ibrahim<sup>1</sup>, and monera Elshemy<sup>2</sup>

<sup>1</sup>Lecturer of Medical Surgical Nursing, Faculty of Nursing, Tanta University.

<sup>2</sup>Ass. Professor of Medical Surgical Nursing, Faculty of Nursing, Tanta University.

**Abstract:** Since nurses are the first people after chest tube placement on the patient's bedside, so they should have enough information on the care of chest tube. Nursing care of chest drains can either be pre-procedural or post-procedural. Pre-procedural care includes obtaining an informed consent and providing health education to the patient, preparing the equipment and assisting the procedure for tube thoracostomy. Post-procedural care entails monitoring vital signs, assessing and documenting drainage, caring the water seal drainage system, assisting patients during change of position and in removing of the chest tube after it has served its function. Appropriate training in the management of chest drains should be received by the nurses to ensure that patients are cared for safely and competently.

**Aims of the Study:** To assess knowledge, practice and of nurses regarding care of chest tube and to evaluate the impact of educational program on knowledge and practices of nurses about caring of patient with chest tube.

**Subjects and Methods:** A quasi experimental study design was utilized to accomplish this study. The study was performed in two sittings, Thoracic surgery unite at Tanta Emergency University Hospital and intensive care unit at Tanta Educational hospital. All available nurses were taken from the settings that previously mentioned. The total number was 40 nurses.

**Tools** were used to collect data for this study. They included two sheets of Interview questionnaires and sheet of observational checklists.

**Results:** The study revealed that more than half of nurses 52.5% less than 30 years old and 55% of them had technical education, while 65% of them had experience less than 5 years in caring of chest tube. Majority of studied nurses 95% had no past training in caring of chest tube. The mean posttest knowledge scores of studied nurses regarding chest tube had significantly higher than their mean pretest knowledge scores as test  $P < 0.05$  level of significance. Total performance level was unsatisfactory less than 60% in preprogram implementation, while immediate post program 40% of studied nurses had satisfactory performance and after month of program implantation 42.5% of nurses performance needed improvement.

**Conclusion and Recommendations:** The study concludes that planned teaching on care of patient with chest tube drainage was found to be effective in increasing the knowledge of staff nurses. Staff nurses had a significant gain in knowledge and skill regarding care of patient with chest tube drainage. Nurse's educational needs regarding chest drains care should be assessed to improve clinical practice and reducing unnecessary complications.

### I. Introduction

The most important vital organs for respiration process are the Lungs. The lungs are covered by double-layered serous membrane called pleura. It contains the visceral and parietal pleurae. The pleural fluid is localized in the space between the pleura which helps in lubrication and prevents friction between the lungs and chest wall [1]. A tube that is inserted between the ribs through the chest wall into the pleural cavity is called the chest tube, to drain blood in the pleural space (hemothorax), air (pneumothorax), fluid (pleural effusion) or pus (emphysema) out of the chest and to promote infection prevention [2]. An adequately positioned drain is required to promote the effective drainage of air, blood or fluid from the pleural space and maintaining the sub-atmospheric intra-pleural pressure [3]. Moreover, there-expansion of the lungs are allowed. Use of chest tube drainage as a drain on the last century has been common [4].

Since nurses are the first people after chest tube placement on the patient's bedside, so they should have enough information on the care of chest tube [5]. Nursing care of chest drains can either be pre-procedural or post-procedural. Pre-procedural care includes obtaining an informed consent and providing health education to the patient, preparing the equipment and assisting the procedure for tube thoracostomy. Post-procedural care entails monitoring vital signs, assessing and documenting drainage, caring the water seal drainage system, assisting patients during change of position and in removing of the chest tube after it has served its function [6]. Unacceptable and sometimes life-threatening complications may be associated with inadequate nursing care and poor surgical techniques during insertion that can be classified as technical or infective [7].

While caring a patient with chest tube drainage by the nurses, the critical thinking ability and problem solving skills are required. The nurse's responsibility to maintain a patent (clear) and intact pleural drainage system after the chest tube has been inserted. As a result of the carelessness of the health care professionals, several complications may be occurring when managing a patient with chest tube drainage [8]. Appropriate training in the management of chest drains should be received by the nurses to ensure that patients are cared for safely and competently [9].

Problem solving and knowledge application are required for caring of a patient with a chest tube. Maintaining patency and proper functioning of chest tube drainage system are the main roles of the nurses. Therefore a comprehensive understanding about the procedure of chest tube drainage system and requiring special considerations to decrease the complications that may result from chest tube drainage should be maintained by the nurse. [10, 11]. Learning is the process of obtaining the new knowledge and experience. Learning and teaching are integral parts of nursing. The education of patients related to various aspects and keep themselves updated is the responsibility of Nurses. Lecturing, demonstration, discussion and self-education are the most common various teaching strategies that are used to increase knowledge. Also there are methods of self-education that have the advantages over the others as the learner can educate himself [10].

### **Significant of the Study**

An educational program for nurses, also it is hoped that data generated from this study could help in planning and providing care of chest tube in ICU, Cardiothoracic care unit, Intensive Cardiothoracic unit, general surgery units to provide education and training adequately for the personal responsible for such care.

It has been observed from the researchers at Tanta university hospital that most of hospitalized patients with chest tube may have many complications from poor nursing management. So it was decided by the researchers to plan and implement the educational program for nurses who provide care for those patients

### **Aims of the study**

1. Assess knowledge, practice and of nurses regarding care of chest tube
2. Evaluate the impact of educational program on knowledge and practices of nurses about caring of patient with chest tube.

### **Hypotheses:**

1. The nurses who didn't receive training courses about caring of patients with chest tube have inadequate knowledge and practice.
2. The knowledge and practices of nurses who provide caring of patients with chest tube will improve after educational program.

## **II. Subjects and Methods**

**Research design:** A quasi experimental study design was utilized to accomplish this study.

**Settings:** The study was performed in two settings, Thoracic surgery unit at Tanta Emergency University Hospital and intensive care unit at Tanta Educational hospital.

**Sampling:** All available nurses were taken from the settings that previously mentioned. The total number was 40 nurses were included in the study, 25 nurses had worked in Thoracic surgery unit at Tanta Emergency University Hospital and 15 nurses had worked in intensive care unit at Tanta Educational hospital. Power analysis was used to determine appropriate sample size. Non probability convenient sampling technique was used to select the sample.

Age of nurses ranged from 18- 50 years old, educational level were diploma, technical nursing education, and baccalaureate degree.

They have provided care to the chest tube patients; and didn't have training courses in caring of chest tube previously.

**Tools for data collection:** Two different tools were used to collect data for this study. They included Interview questionnaires sheet and observational checklist.

1. **Tool I : Interview questionnaires sheet :** It consists of two parts
  - **Part one: It was concerned with socio-demographic characteristics of studied nurses** such as Code, age, sex, current occupation, degree of qualification, years of experience, years of experience in caring of chest tube, attendance of related training courses, date and time of courses .
  - **Part two: It was developed by the researchers based on the related literature**<sup>[4,5,7]</sup> to assess knowledge of nurse about chest tube, include composition of chest tube, sizes, shape, indications, assessment, caring

of chest tube patients, changing of chest tube, dressing, Preventing postoperative complications after thoracic surgery, contraindications and complications and Documentation,

- **Tool II : Observational checklist, it was developed by the researchers based on the related literature<sup>(8,9,10)</sup>** to assess practice of nurses about , patient's assessment, assessment and preparation of chest drainage system, nursing care provided to patient with chest of tube, changing the drainage system, chest tube dressing and removal, preventing post-operative complication after thoracic surgery , and documentation .

Tools were be used preprogram implementation, immediately post program and after one for follow up.

#### **Scoring systems**

1. Assessment sheet for measuring **knowledge questionnaire**, thirty two questions, total score ranged from (0-50). It described as follows; less than 50% was graded as poor, 50% to less than 75% score was graded as fair and more than 75% score was graded as good.
2. Checklist sheet to assess practice of nurses, fifty two check list observations, total score ranged from (0-55) It described as follows; less than 50% the grad was poor, 50% to less than 75% score the grad was fair and more than 75% score the grade was good.

#### **Method**

- 1- To carry out the study an official permission was obtained from responsible authorities at Faculty of Nursing at Tanta University. Then, the administrative authorities from educational Tanta university hospital and emergency university hospital provide the permission to conduct the study .
- 2- The purposes of the study were explained to the nurses and their consents to participate were obtained and those who were willing to participate were given a questionnaire to answer it. Their anonymity and the confidentiality was maintained during the study. The study was extended from August 2015 to December 2015.

#### **Field Work: -**

- 3- Tools validity were checked by 5 experts in the related field of medical surgical nursing and medical specialty at faculty of Nursing Tanta University.
- 4- Reliability (coefficient alpha) was tested for all tools and it was = (0.87) for tool 1 part 2 and 0.78 for tool 2.
- 5- Pilot study was conducted on 10% of nurses. The pilot study was excluded from the studied sample to identify the obstacles and problems that may be encountered in data collection, applicability and feasibility of the developed tools

#### **Data collection**

The program was conducted on four phases which include the following:-

##### **1. Assessment Phase:**

All nurses were assessed for knowledge using tool I part 2 and practice using tool 2. Also patients were assessed for complications using tool 2.

##### **2. Planning phase:**

In this phase planning was formulated for each nurses based on assessment phase and literature review, booklet also was formulated to be distributed to each nurses in implementation phase.

The general objectives of the guideline model improve the nurses' knowledge and practice about caring of chest tube.

##### **3. Implementation Phase:**

A clear and simple explanation was offered to nurses about the study and expected outcomes for them. Each nurse was assessed individually (10-20 minutes) using the previously mentioned tools. The application of designed nursing teaching program was performed by the researchers. The researchers prepared the training places, teaching aids and media (computer, picture, handouts ). The total number of 40 nurses divided into 8 group and each group composed of 5 nurses and total studying sessions are four sessions, 2 sessions for theoretical part and other 2 sessions for practice and demonstration parts. The program was introduced to each nurse separately over a period of 6 weeks, 4 sessions/week the total numbers of sessions was 24 sessions. Each session is ranged from 30-60 minutes; the total time needed was 22 hours. In the first pre-test was done and objectives of the program were explained to the nurses. Also, a copy from program was given to each nurse.

**Division of sessions**

**Two theoretical sessions**

**Sessions one:** It included introduction of anatomy and physiology of lungs, definition of chest tube, composition and different sizes of chest tubes, advantages and disadvantages of different types of drainage systems.

**Session two:** it included assessment, caring, changing and dressing of chest drainage, postoperative complication, contraindication and documentation.

**Two practical sessions:**

**Sessions one:** it included preparing equipment of chest tube and drainage system and suture removal kit, insertion of chest tube, changing, dressing, removal of tube and documentation .

**4. Evaluation phase:**

The evaluation of the effectiveness the educational program was carried out immediately post program implementation and after one month later post the program for their knowledge using tool I part 2 and for their practice using tool 2. Also each patient was evaluated preprogram implementation and immediately post program implementation for their complications.

**III. Statistical Analysis**

The analysis was performed using statistical software SPSS version 16. For quantitative data, the mean and standard deviation were calculated. For qualitative data, a comparison between one group before and after intervention was done by using Chi-square test ( $\chi^2$ ). For comparison between means of one group before and after intervention, 1-way ANOVA test was used. A significance was adopted at  $P < 0.05$  for interpretation of results of tests of significance.<sup>(27)</sup>

**Results**

**Table (1):** Distribution of socio-demographic data among studied nurses.

Categories	The studied nurses (n=40)	
	N	%
<u>Age in years</u>		
▪ 18-29 y	21	52.5
▪ 30-40 y	16	40.0
▪ 41-50 y	3	7.5
<u>Education level</u>		
▪ Diploma	15	37.5
▪ technical education	22	55.0
▪ baccalaureate degree	3	7.5
<u>Occupation</u>		
▪ practical nurse	29	72.5
▪ clinical supervisor	9	22.5
▪ head nurse	2	5.0
<u>Years of experience</u>		
▪ Less than 5 y	16	40.0
▪ 5-10 y	19	47.5
▪ more than 10 y	5	12.5
<u>Years of experience in chest tube ward</u>		
▪ Less than 5 y	26	65.0
▪ 5-10 y	14	35.0
<u>Past training</u>		
▪ No	40	100

The study revealed that more than half of nurses 52.5% less than 30 years old and 55% Of them had technical education, while 65% of them had experience less than 5 years in caring of chest tube. Majority of studied nurses 95% had no past training in caring of chest tube.

**Table (2):** Mean scores of knowledge domains and their total among studied nurses (n=40):

Knowledge domains	Mean ± SD			F	P
	Pre	Immediate	Follow up		
Anatomy and physiology of respiratory system	1.60±1.172	4.48±1.339	2.75±1.256	52.950	0.00*
Indications of chest tube	2.62±1.170	3.50±1.219	3.72±1.176	9.558	0.00*
Nursing care for patient with chest tube	8.92±3.316	12.35±1.819	12.10±2.468	21.448	0.00*
Problems associated with chest tube and complications	4.30±1.224	5.88±1.828	5.10±1.172	11.976	0.00*
A. Health education	1.60±1.150	2.40±0.672	2.52±0.554	14.521	0.00*
Total knowledge score	19.05±6.524	28.60±3.828	26.20±4.084	40.080	0.00*

\* Significant at  $P < 0.05$

The mean posttest knowledge scores of studied nurses regarding chest tube had significantly higher than their mean pretest knowledge scores as test  $P < 0.05$  level of significance.

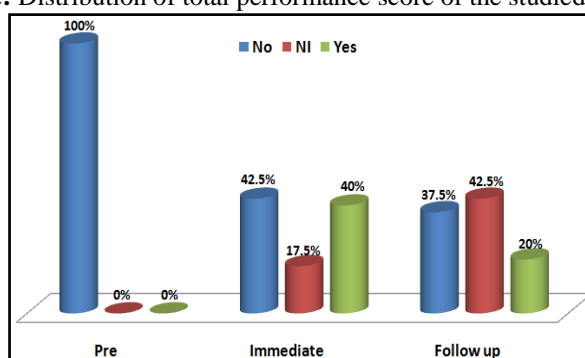
**Table (3):** showed the distribution of performance domains of the studied nurses .

Performance domains	The studied nurses (n=40)						$\chi^2$	P
	Pre		Immediate		Follow up			
	N	%	N	%	N	%		
<b>A. Assessment of patient</b>							<b>56.537</b>	<b>0.00*</b>
▪ <12 No	40	100	13	32.5	13	32.5		
▪ 12-17 NI	0	0.0	3	7.5	10	25.0		
▪ ≥18 Yes	0	0.0	24	60.0	17	42.5		
<b>B. Drainage system:</b>							<b>12.777</b>	<b>0.012*</b>
<b>a. Disposable without suction</b>								
▪ <3 No	14	35.0	5	12.5	7	17.5		
▪ 3-4 NI	19	47.5	14	35.0	17	42.5		
▪ ≥5 Yes	7	17.5	21	52.5	16	40.0		
<b>b. Disposable with suction</b>								
▪ <12 No	9	22.5	8	20.0	10	25.0		
▪ 12-17 NI	31	77.5	23	57.5	22	55.0		
▪ ≥18 Yes	0	0.0	9	22.5	8	20.0		
<b>C. Chest drainage</b>							<b>26.534</b>	<b>0.00*</b>
▪ <13 No	20	50.0	3	7.5	6	15.0		
▪ 13-19 NI	13	32.5	13	32.5	13	32.5		
▪ ≥20 Yes	7	17.5	24	60.0	21	52.5		
<b>D. Chest tube dressing</b>							<b>26.763</b>	<b>0.00*</b>
▪ <12 No	35	87.5	15	37.5	17	42.5		
▪ 12-17 NI	5	12.5	11	27.5	11	27.5		
▪ ≥18 Yes	0	0.0	14	35.0	12	30.0		
<b>E. Chest tube removal</b>							<b>18.401</b>	<b>0.001*</b>
▪ <8 No	33	82.5	20	50.0	17	42.5		
▪ 8-11 NI	7	17.5	10	25.0	11	27.5		
▪ ≥12 Yes	0	0.0	10	25.0	12	30.0		
<b>Total performance level</b>							<b>50.333</b>	<b>0.00*</b>
▪ <60 No	40	100	17	42.5	15	37.5		
▪ 60-89 NI	0	0.0	7	17.5	17	42.5		
▪ ≥90 Yes	0	0.0	16	40.0	8	20.0		

\* Significant at  $P < 0.05$  NI = Need Improvement

There are significance differences between pre and posttest in relation to nurses' performance. Total performance level was unsatisfactory less than 60% in preprogram implementation , while immediate post program 40% of studied nurses had satisfactory performance and after month of program implantation 42.5% of nurses performance needed improvement.

**Figure:** Distribution of total performance score of the studied sample.



**Table (6):** Comparison between socio-demographic data and mean score of total knowledge score throughout periods of study among studied nurses. (n=40)

Categories	Total knowledge score					
	Mean±SD					
	Pre	F P	Immediate	F P	Post	F P
<b>Age in years</b>						
▪ 18-29 y	14.43±4.456	<b>28.449</b> <b>0.00*</b>	27.14±3.425	<b>3.88</b> <b>0.03*</b>	24.71±4.406	<b>3.752</b> <b>0.033*</b>
▪ 30-40 y	24.94±4.090		30.44±3.983		28.19±2.903	
▪ 41-50 y	20.00±1.732		29.00±0.000		26.00±3.606	

<b>Education level</b>						
▪ Diploma	21.87±5.655	2.741	29.47±4.068	0.703	27.73±2.890	1.818
▪ technical education	17.00±6.873	0.078	27.95±3.897	0.502	25.18±4.625	0.177
▪ baccalaureate degree	20.00±1.732		29.00±0.000		26.00±3.606	
<b>Occupation</b>						
▪ practical nurse	16.79±5.918	<b>10.112</b>	27.86±3.777	2.302	25.38±4.144	3.012
▪ clinical supervisor	26.00±3.317	<b>0.00*</b>	30.89±3.689	0.114	29.00±2.598	0.061
▪ head nurse	20.50±2.121		29.00±0.00		25.50±4.950	
<b>Years of experience</b>						
▪ Less than 5 y	12.38±2.419	<b>70.805</b>	26.31±2.960	<b>8.955</b>	23.38±3.879	<b>14.064</b>
▪ 5-10 y	24.68±3.637	<b>0.00*</b>	30.84±3.610	<b>0.001*</b>	28.95±2.345	<b>0.00*</b>
▪ more than 10 y	19.00±2.121		27.40±2.191		24.80±3.347	
<b>Years of experience in chest tube ward</b>						
▪ Less than 5 y						
▪ 5-10 y	16.81±6.425	<b>11.033</b>	28.27±3.853	0.548	25.42±4.310	2.814
	23.21±4.423	<b>0.002*</b>	29.21±3.847	0.464	27.64±3.296	0.102
<b>Past training</b>						
▪ Yes	26.50±0.707	2.878	28.00±2.828	0.05	27.00±4.243	0.079
▪ No	18.66±6.457	0.098	28.63±3.900	0.823	26.16±4.130	0.780

\* Significant at P < 0.05

There are significance difference between pre and post program implantation in relation to age and years of experience

**Table (7):** Comparison between sociodemographic data and mean score of total performance score throughout periods of study among studied nurses.(n=40)

Categories	Total performance score					
	Mean±SD		F		P	
	Pre	P	Immediate	P	Post	P
<b>Age in years</b>						
▪ 18-29 y	41.76±13.939	1.048	76.33±26.127	2.526	69.33±22.595	0.092
▪ 30-40 y	35.44±14.908	0.361	78.50±23.048	0.094	72.75±27.295	0.912
▪ 41-50 y	43.67±11.060		43.00±35.791		69.67±16.563	
<b>Education level</b>						
▪ Diploma	38.53±15.570	0.156	77.33±24.939	2.489	68.27±25.675	0.141
▪ technical education	39.36±14.114	0.856	77.23±24.838	0.097	72.55±24.003	0.869
▪ baccalaureate degree	43.67±11.060		69.67±16.563		43.00±35.791	
<b>Occupation</b>						
▪ practical nurse	38.10±15.646	0.409	75.31±26.054	1.081	67.31±24.697	1.935
▪ clinical supervisor	42.67±8.803	0.667	78.56±23.928	0.35	83.89±18.644	0.159
▪ head nurse	43.00±15.556		48.50±48.790		61.00±9.899	
<b>Years of experience</b>						
▪ Less than 5 y	42.75±13.015	0.745	78.19±26.438	1.816	75.06±21.016	0.434
▪ 5-10 y	37.26±15.673	0.482	77.21±24.186	0.177	67.63±28.241	0.651
▪ more than 10 y	36.60±12.442		54.00±31.678		68.60±11.803	
<b>Years of experience in chest tube ward</b>						
▪ Less than 5 y						
▪ 5-10 y	40.35±14.894	0.341	71.35±26.448	1.192	69.73±25.828	0.127
	37.57±13.218	0.563	80.93±26.546	0.282	72.57±20.179	0.724
<b>Past training</b>						
▪ Yes	49.50±6.364	1.069	70.50±17.678	0.051	82.00±0.000	0.647
▪ No	38.84±14.361	0.308	74.92±27.081	0.822	70.13±24.260	0.499

\* Significant at P < 0.05

Mean scores of knowledge domains and their total among studied nurses The mean posttest knowledge scores of studied nurses regarding chest tube had significantly higher than their mean pretestand there was no significance difference between pre and post program implementation .

#### IV. Discussion

The breathing pattern was improved by chest tube that removing accumulation of air and fluid from the pleural space, permitting the lungs to return to normal expansion. (Delaune and Ladner,( 2011)<sup>(14)</sup>In the management of patient with chest tube drainage nurse plays a vital role. Health care personnel should be given an opportunity to update their knowledge periodically. Care of chest tube drainage should be emphasized by the educators.

Regarding to socio-demographic characteristics, the current study included 40 nurses. Slightly more than half of them were aged less than 30 years. Also, more than half of the studied nurses had technical education. This result showed that the nursing staff who provided caring to patients with chest tubes which are a serious field had a very little experience and poor knowledge, that may be causing serious complication. It was important that appropriate training in the management of chest drains should be given to the nurses to ensure that patients are cared for safely and competently.

According to their years of experience it was found that less than two thirds of them had experience less than five years, the result also indicated that all of them had no previous training program about chest tube. This is in an agreement with Lit et al. (2010)<sup>(16)</sup> whose studied the need for nurses to have an in-service education of chest drain management, at Queen Elizabeth Hospital emphasized that more than half of the nurses had at least 5 years medical experience. And the majority of nurses had not attended an educational lecture or workshops concerning chest drainage management. Otherwise Hutton et al., (2008)<sup>(17)</sup> stated that mistakes in dealing with the chest tube and its system are commonly being practiced, mainly by the residents and the nurses due to insufficient knowledge and poor experience. Therefore training courses for both the residents and the nurses should be obligatory in any hospital dealing with patients with chest tube.

Concerning the effect of the present teaching program that there were significant differences between nurses' knowledge before and after the program. The majority of nurses before education were decreased knowledge and skilled related to the all items in chest tube care procedure.

The improvement due to the present teaching program using information, adequate sessions and increased motivation. In this respect, Johnny et al., (2010)<sup>(18)</sup> reported that a comprehensive educational session relating to chest drain management should be held regularly. An appropriate evidence-based clinical guidelines and protocols should be developed for safe clinical practices. Moreover Lit et al., (2010)<sup>(19)</sup> asserted that the identification of nurse's educational needs regarding chest drains care is urgently required to improve clinical practice and reducing unnecessary complications. Also Laws et al., (2003)<sup>(20)</sup> mentioned that it is important that appropriate training in the management of chest drains should be received by nurses to ensure that patients are cared safely and competently. Furthermore Vanway et al., (2004)<sup>(21)</sup> suggested that patients are more likely to develop complications when there is lack skills and knowledge in dealing with chest drains from the practitioners.

In relation to nurses' assessment of knowledge about care of patient with chest tube, the present study showed that the majority of studied nurses had inadequate knowledge about chest tube. This result may be due to that the years of experience of most studied nurses were less than five years, and the nurse didn't attend any in-service training program especially related to chest tube. Other explanations were less than one half of the studied nurses were diploma graduates, and their knowledge during school study years might be unsatisfactory for such a specialized service or forgotten. In addition the supervision and evaluation system for nurses during their working are inadequate. This finding is supported by **Shokier** (1996)<sup>(22)</sup> who stated that whatever is knowledge and practice which were learned in nursing school tends to be forgotten if not applied or stressed on. Therefore, lack of continuing education programs, in-service training and proper supervision, may also contribute to the problem. This result is in line with **Frantz et al.**, (1995)<sup>(24)</sup> found that nurses had poor knowledge related to chest tube care there is a urgent need for giving information to nurses related to nursing care of the patients who have chest tube drainage. Also emphasized that utilization of research validated knowledge in clinical setting should be focused by the nurses to improve their clinical practice. The practice of nurses was unsatisfactory in more than two thirds of the studied in relation to assessment of nurses' practice for patients with chest tube, This result is contradicted with **Lynn**, (2008)<sup>(25)</sup> who stated that interpretation alleviate anxiety. The finding of the present study showed that more than half of the participants nurses had unsatisfactory level of practice regarding to patient's assessment. This might be related to that the nurses thought that the responsibility of the physician is the assessment. Otherwise, **Shaheen**, (2003)<sup>(26)</sup> stated that the successful nursing care plan is the first and important step in assessment. As regard practice of nurses related to assessment of chest drainage system, it was found that more fifty percent of nurses had unsatisfactory level of practice. This result might be due to lack of knowledge related to importance of assessment of chest drainage system and also lack of supervision. So **Mallet and Dougherty**, (2000)<sup>(27)</sup> recommended that a careful assessment is required to consider the whole system thoroughly and to ensure that there are no loose connections through the tubing or circuit. Great care needs to be taken when checking the drain. Unluckily, the more highly inadequate areas of performance was documentation. This finding is in agreement with **Davis et al.**, (1994)<sup>(28)</sup> who found that documentation of assessment, missing information on non-physical problems and in the use of the nursing process haven't adequately documented, showed this by the fact that the written communication who depend on the contribution of rich verbal and to promote the of quality patient care didn't value by the nurse. It was concluded that improvement the attitudes about documentation should be obtained by the nurse. There is significant relation between degree of qualifications and nurses' knowledge and practice. So nurses graduated from faculty of nursing or nursing institute were better than nurses with nursing diploma may

be due to the diploma nurses did not receive any cognitive or psychomotor learning related to this topic. In addition to nurses with high educational level cannot obtain knowledge from press, books and other mass media. Also they may obtain knowledge sufficiently and correctly. So the nurses have to learn more to improve their knowledge and skills. This is in agreement with **Timmins F. and Lehwaldt D** (2005)<sup>(12)</sup> revealed that a lack of unanimity among nurses on the basic steps of chest drain management. This inconsistency of treatment regimes, together with inadequate of evidence-based nursing care, lead to improper care of patients with chest drains. These findings were in line with **Kowalski**, (2003)<sup>(30)</sup> who stated that nursing is a combination of a body of knowledge and the application of that knowledge through nursing practice. Moreover **Lit et al.**, (2010)<sup>(31)</sup> asserted that identification of nurse's should satisfy educational needs regarding chest drains care to improve clinical practice and reducing unnecessary complications. Also **Laws et al.**, (2003)<sup>(32)</sup> mentioned that it is important that nurses receive appropriate training in the management of chest drains and the patients should be cared for safely and competently. **Furthermore Aylwin C.J. et al** (2008)<sup>(33)</sup> stated that In-hospital chest tube placement complication rates remain uncomfortably high, and attention must be placed on training and assessment of staff in this basic procedure

Furthermore, **Zaky**, (1990)<sup>(34)</sup>; **Kadry**, (1992)<sup>(35)</sup>; **Zahran**, (1991)<sup>(36)</sup>; **El-Said** (1996)<sup>(10)</sup> reported that the lack of nurses' knowledge and skills, improper environment are reasons for nurses improper performance, moreover lack of perseverance and in-service training of the nursing staff, lack of supervision from head nurses increasing of patient's ratio.

The result of the present study revealed a general unsatisfactory level of knowledge and practice related to care of patient with chest tube. This result agree **Ahmed**, (2003)<sup>(38)</sup> who stated that an education perspective, clinical skills are an important aspect of competence development.

## V. Conclusion

The study concludes that planned teaching on care of patient with chest tube drainage was found to be effective in increasing the knowledge of staff nurses. Staff nurses had a significant gain in knowledge and skill regarding care of patient with chest tube drainage.

## VI. Recommendations

From the foregoing conclusion, the following recommendations are suggested:

### (I) In services:

- Finding out the factors that hinder the nurses in providing care for patients with chest tube drainage among staff nurses should be maintained in an exploratory study to find out the difficulties experienced by the nurses in providing care to the patient with chest tube drainage.
- Developing periodical nurses' evaluation system of to determine their knowledge and enhancing their practice.
- Developing procedure booklet by simple language for nurses who provide care for patient with chest tube.
- Development in-service training programs to maintain efficient performance of nurses
- The knowledge and practices of nurses working in government hospitals versus private hospitals in providing care to the patient with chest tube drainage among staff nurses can be done in a comparative study.

### (II): In Education

- Periodically updating the knowledge of Health care personnel
- The Planned teaching program could be maintained periodically for nurses who provide care for patients with chest tube

### (III): In Research

- The findings of the study have added to the existing body of the knowledge in the care of patient with chest tube drainage.
- The suggestions and recommendations for conducting further study can be utilized by other researchers.
- Nurse's educational needs regarding chest drains care should be assessed to improve clinical practice and reducing unnecessary complications.

### (IV): Recommendations for Future Studies

- The study on a large sample required from different hospitals should be maintained, in different geographical area in Egypt.

The impact of chest tube training program on nurses, knowledge and practice should be studied.

## References

- [1] Vaishali S1, Ramesh A2, Sahare V3. Efficacy of Planned Teaching Regarding Care of Patients with Chest Tube Drainage among Nurses. International Journal of Science and Research (IJSR) ISSN (Online): 2319-7064 Impact Factor (2012): 3.358 Volume 3 Issue 12, December 2014 www.ijsr.net Licensed Under Creative Commons Attribution



- [2] Kuhajda I, Zarogoulidis K, Kougioumtzi I, HuangH, et al. Tube thoracostomy; chest tubeimplantationand follow up. J Thorac Dis. 2014.6(4): 470-479.
- [3] Larry R, Kaiser. Mastery of cardiothoracic surgery. 3<sup>rd</sup> edition. Lippincot Williams and wilkins. 2004; 280-283.
- [4] Laura D. Guidelines for the Insertion and Management of Chest Drains. 2009 January; Page 3-4. Retrived from: <http://www.dbh.nhs.uk>.
- [5] PantinC / Sriram I/ Babores M. Policyon Intercostal (chest) Drains
- [6] Effective Date: January 2016 Review Date: January 2019 Page 1 of 18 Version 04, Jan 2016.
- [7] KesiemeE ,Essui ArekhandiaB WelckeK,PrisadovG, Nurses' knowledge of care of chest drain: A survey in a Nigerian semiurban university hospital Annals of African Medicine 2016 Volume 15 | Issue1 | Page : 28-33.
- [8] Caroll P. Evidence-Based Care of Patients with Chest Tubes. American Association of Critical-Care Nurses. National Teaching Institute Boston, MA; 2013. Available from: [http://www.atrimummed.com/EN/chest\\_drainage/Documents/Evidence-BasedCareofPatientsWithChestTubesComplete.pdf](http://www.atrimummed.com/EN/chest_drainage/Documents/Evidence-BasedCareofPatientsWithChestTubesComplete.pdf). [Last accessed on 2015 Feb 17].
- [9] Magner C, Houghton C, Craig M, Cowman S. Nurses knowledge of chest drains management in an Irish Children's Hospital. Journal of Clinical Nursing. 2013
- [10] Mohammed M , Mahmoud M, Sleem H , Ibrahim N .Assessment the nurses performance in providing care to the patients undergoing chest tube in Suez canal university hospital The New Egyptian Journal of Medicine Vol.:45 ; No.: 3 1st September 2011
- [11] El-Said E. (1996): Designing and evaluating an educational program to nurses at premature unit .Pediatric nursing. Published Doctoral thesis, Faculty of nursing, Tanta University.
- [12] Gerrish K, Ashworth P, Lacey A& Bailey J (2008) Developing evidence-based practice: experiences of senior and junior clinical nurses. Journal of Advanced Nursing 62, 62–73.
- [13] Lehwaldt D & Timmins F (2005) Nurses knowledge of chest drain care: an exploratory descriptive survey. Nursing in Critical Care 10, 192–200
- [14] Rankin J (2002) A descriptive survey of registered nurses' experience with web-based learning.Journal of Advanced Nursing. 40, 457–465
- [15] Delaune S.C., Ladner P.K. (2011): Fundamentals of nursing standards & practice.(4th ed) Delmar, Cenagage learning. pp880
- [16] Laws,D., E Neville,E., Duffy,J. ,(2003); guidelines for the insertion of a chest drain, *Thorax*, Volume 58, Issue supply 2, ,53-59
- [17] Lit M.,LeeKH.,Chan J.(2010):The need fornurses to have an in-service education of chestdrain management.Citedin [http://chestjournal.chestpubs.org/cgi/content/meeting\\_abstract/138/4\\_MeetingAbstracts/587](http://chestjournal.chestpubs.org/cgi/content/meeting_abstract/138/4_MeetingAbstracts/587)Accessed at 6/5/2011
- [18] Hutton I, Kenealy H, Wong C.(2008): Usingsimulation models to teach junior doctors how toinsert chest tubes: a brief and effective teachingmodule. Intern Med J. Citedin [www.rmj.org.pk/thoracostomy\\_tube.../full\\_article](http://www.rmj.org.pk/thoracostomy_tube.../full_article).Accessed at4/3/2011
- [19] Johnny W.M., Lit M., Lee K.H. (2010): The needfor nurses to have an in-service education of chestdrain management. Cited in [chestjournal.chestpubs.org/cgi/content/meeting\\_abstract/138/4.../587](http://chestjournal.chestpubs.org/cgi/content/meeting_abstract/138/4.../587).Accessed at 27/6/2011
- [20] Lit M.,LeeKH.,Chan J.(2010):The need fornurses to have an in-service education of chestdrain management.Citedin [http://chestjournal.chestpubs.org/cgi/content/meeting\\_abstract/138/4\\_MeetingAbstracts/587](http://chestjournal.chestpubs.org/cgi/content/meeting_abstract/138/4_MeetingAbstracts/587)Accessed at 6/5/2011
- [21] Laws D., Neville E., Duffy J. (2003): Thorax (aninternational journal of respiratory medicine) .BTSguidelines for the insertion of a chest drain.58:ii53-ii59 doi:10.1136/thorax.58.suppl\_2.ii53.Cited in[http://thorax.bmj.com/content/58/suppl\\_2/ii53.full](http://thorax.bmj.com/content/58/suppl_2/ii53.full).Accessed at23/3/2010
- [22] Vanway C., Aragon G., Steiner C., Moore E.,Millikan J. (2004): The American journal of surgery.Closed tube thoracostomy.Volume140. Issue 6.pp738-741. Citedin<http://www.Sciencedirect.com/science/article/pii/S002961080901075>.Accessed at22/4/2011
- [23] Shokier M. (1996): Motivation the key factor,Nursing times, 91 (20) ,pp65-66
- [24] Meredith JW, Hoth JJ.(2007): Thoracic trauma:when and how to intervene. SurgClin North Am.87(1):95-118
- [25] Frantz R.A. ,Specht J.P., Berguists. (1995):Adoption of a research based practice for treatmentof pressure ulcer, nursing clinics of North America30; P.p. 553 561
- [26] Lynn (2008): Taylor's clinical nursing skills anursing process approach. (2nd ed). Wolters Kluwerbusiness/lippincott Williams & Wilkins; P.p. 817-821
- [27] Shaheen E.S. (2003): Assessment of criticalcare nurse's knowledge about the care of patientwith coronary artery disease In port said Hospital.Unpublished master thesis, Faculty of nursing, SuezCanal University, Egypt
- [28] Mallett J., Dougherty L. (2000): The royal marsdenhospital manual of clinical nursing procedures. (5thed) .Blackwell science.pp 336.
- [29] Davis B.D., Billings J.R., Ryland R.K. (1994): Evaluation of Nursing Process Documentation. Journal of Advanced Nursing; 19: 960-698.
- [30] Edelstein J. (1990): a study of NursingDocumentation. Nursing Management; 21(11): 40-43, 46
- [31] Kowalak J. (2010): Lippincott of manual nursingprocedures. (9th ed). Wolterskluwer health/lippincottWilliams&wilkins; P.p. 277-278
- [32] Lit M.,LeeKH.,Chan J.(2010):The need for nurses to have an in-service education of chestdrain management.Citedin[http://chestjournal.chestpubs.org/cgi/content/meeting\\_abstract/138/4MeetingAbstracts/587](http://chestjournal.chestpubs.org/cgi/content/meeting_abstract/138/4MeetingAbstracts/587)Accessed at 6/5/2011.
- [33] Laws D., Neville E., Duffy J. (2003): Thorax (aninternational journal of respiratory medicine) .BTSguidelines for the insertion of a chest drain.58:ii53-ii59 doi:10.1136/thorax.58.suppl\_2.ii53.Cited in[http://thorax.bmj.com/content/58/suppl\\_2/ii53.full](http://thorax.bmj.com/content/58/suppl_2/ii53.full).Accessed at23/3/2010..
- [34] Aylwin C. et al Pre-hospital and in- hospital thoracostomy: indications and complications.Annals of The Royal College of Surgeons of England.2008 Jan: 90(1):54-57
- [35] Zaky S. (1990): Evaluation of the nursing care of high risk neonate in the university hospital at Assuitcity. Pediatric nursing. Unpublished Master thesis, Faculty of nursing, Assuit University
- [36] Kadry A. (1992): Development of an instrument to measure basic standard for critical care nursing. Unpublished Doctoral degree thesis, Faculty of nursing, Alexandria university
- [37] Zahran S.A. (1991): Study of the organization and utilization of the neonatal intensive care unit. Unpublished Doctoral thesis, Faculty of Medicine, Tanta University.
- [38] Sobeh, DE., (2005): Assessment of nurses knowledge and practice related to the care of the mechanically ventilated patient. Master thesis,Faculty of Nursing, Suez Canal University, Egypt
- [39] Ahmed, HM., (2003): Assessment of nursesknowledge and practice about postoperative woundinfection. Unpublished Master Thesis, Faculty ofNursing, Suez Canal University, Egypt.
- [40] Dolan G (2003) Assessing student nurseclinical competency: will we ever get it right? Journal of Clinical Nursing 12, 132–141.