

Evaluation of Anti-Epileptic Activity of Ethanolic Extract of *Phoenix Dactylifera Lin.* And *Litchi Chinensis Sonn.* Using Experimental Animals.

Sheema Tarannum***, Mehtab Malik**

***M pharmacy (Department of pharmacology)

Shadan women's college of pharmacy- khairtabad- 500004- Hyderabad.

Abstract

Epilepsy is a gathering of neurological issues portrayed by epileptic seizures. Epileptic seizures are scenes that can fluctuate from brief and almost imperceptible to extensive stretches of overwhelming shaking. The present study was proposed to evaluate the antiepileptic activity of ethanolic extract of *Phoenix dactylifera* & *Litchi chinensis*, which is assessed by *in vivo* screening models namely, Maximal electro-shock induced seizures in mice and PTZ induced seizures in rats. Seizures were produced in rats and mice by giving electroshock (12 mA, 50 Hz for 0.2 s) in rats and PTZ 1mg/kg b.w.i.p for 8 consecutive days. Oral dosing of E.E.P.D, E.E.L.C & E.E.P.D+E.E.L.C modified behavior and also changed their neurochemical estimate. This is determined by monitoring parameters such as disappearance of hind limb extension during epileptic episode and latency to clonic seizure that is found to be 75.01, 87.01, 97. and myoclonic seizure 71.0, 87.05, 65.61 in plant dose 1, 2, 1+2 respectively in PTZ induced seizure and reduction in the duration of flexion, extension and stupor convulsion as well as the fatality percentage of electroshocked animals in MES. Furthermore, biochemical parameters such as altered monoamine neurotransmitters which are found to be DA (0.41, 0.60, 0.67); 5HT (0.31, 0.41, 0.64); NE (0.33, 0.47, 0.65) respectively when compared to vehicle and standard control. The rat brain of 1 animal from each group is dissected out hippocampal CA1 and cerebral cortex region is examined for histopathological studies. When the toxic, standard and test group slides were compared with one another, it was found with plant extracts, particularly E.E.P.D that neuronal degeneration is less when compared to toxic but not as much as standard.

Key Words: Epilepsy, Neurochemical, *Phoenix dactylifera*, *Litchi chinensis*, PTZ, MES, Monoamine neurotransmitters.

Date of Submission: 20-11-2021

Date of Acceptance: 04-12-2021

I. Introduction

Epilepsy is a group of problems of the CNS described by paroxysmal cerebral dysrhythmia, showing as brief episodes (seizures) of sudden or unsettling influence of shakiness, with or without spasms, tactile or mental stress. These episodes are erratic and their recurrence is exceptionally factor. Epilepsy has a central beginning in the cerebrum, signs depend upon the site of the center, locales into which the releases spread and postictal discouragement of these areas. [1]

In epilepsy, seizures will in general repeat, and have no prompt fundamental reason while seizures that happen because of a particular reason are not considered to address epilepsy. The reason for most instances of epilepsy is obscure, albeit a few group foster epilepsy as the consequence of mind injury, stroke, cerebrum tumor, and medication and liquor abuse. Epileptic seizures are the aftereffect of over the top and strange cortical nerve cell movement in the cerebrum. This could be finished by doing imaging of mind and blood tests.[2]

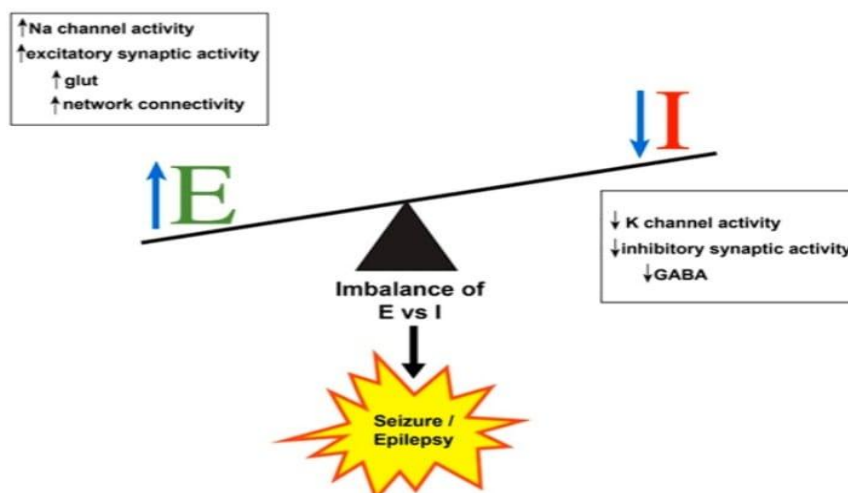


Fig.1)pathophysiologyofepilepsy

Neurons are nerve cells, which impart through film potential. Particles are substance couriers with positive or negative charges that cause an electrical sign to be sent by the mind. A neuron is at a resting layer potential when the charge inside the cell is more negative than the outside. When a neuron is grinding away, its activity potential is locked in through the adjustment of equilibrium of good and adverse particles and an electrochemical message is sent, which makes the body deliberately or automatically move, feel, or act. Just like this, neurons are electrochemical couriers in the body. During a seizure scene, the layer capability of neurons is changed such that makes neurons be touchy or overactive because of specific upgrades or setting off occasions. As we examined, the reasons for seizures can be known or obscure. Ecological triggers can incorporate noisy commotions, strobe lights, and cadenced music. Clinical triggers incorporate high fevers, diseases, tumors, hypoglycemia, helpless nourishment (causing electrolyte awkward nature), injury, actual weariness, menses, and harmful substances, like meds, liquor, and unlawful medications. Seizures can even have psychosocial triggers, including fear and emotional stress.[3]

II. Material And Methods

The current study is focused on identifying the individual and combination, anti-epileptic effectoftwo different plants. The plants and parts of plants used here are mesocarp of *phoenix dactylifera lin.* and fleshyaril of *lichichinensissonn.* Depending upon the phytochemicals present in them. Generally, for anti-epilepticactivity phytochemicals responsible are carbohydrates, alkaloids, flavonoids, saponins, tannins, sterols, phenols,proteins and triterpenoids according to the literature review. The plants have also been chosen due to theirindigenous nature. The above herbal drug extract is given to wistar rats and mice for evaluation of their anti-epileptic action.In-vivo screening methods used forevaluationof anti-epilepsy activity are **Maximal electroshock induced convulsions, Pentylenetetrazole induced convulsions in rats.** Various examinations are done to identify the anti-epileptic effect such asassessmentofbehaviouralparameters,neurochemicalstimationofmonoaminesinbloodsamples,andmicroscopice xaminationofisolatedratbrainforneuronalactivityinhippocampusandcerebralcortex.monoaminesinbloodsamples,a ndmicroscopicexaminationofisolatedratbrainforneuronalactivityinhippocampusandcerebralcortex.

III. Phoenixdactylifera



Fig.2)drieddatefruit.

Chemical constituents: contains carbohydrates (glucose, sucrose, fructose), alkaloids, steroids, flavonoids, tannins and vitamins. Four phenolic acids and nine bound phenolic acids were probably distinguished. (glucose, sucrose, fructose), dietary fibres, fats, proteins, minerals, lipids, vitamins, rich in phytochemicals like phenols, sterols, anthocyanins, carotenoids, procyanidins and flavonoids.

Medicinal uses: anti-mutagenic, anti-fungal, anti-viral, hepato-protective and nephro-protective properties, anti-inflammatory, anti-oxidant property, anti-hyperlipidemic, gastro-protective agent, anti-cancer, immunostimulatory, gonadotropic activity.[4]

IV. Litchi chinensis



Fig.3) lychee fruit

Chemical constituents: All parts of the plant are rich sources of phytochemicals such as epicatechin; procyanidin A2 and procyanidin B2; leucocyanidin; cyanidin glycoside, malvidin glycoside, flavanoids and saponins; butylated hydroxytoluene; isolariciresinol; kaempferol; rutin; and stigmasterol.[5]

Medicinal uses: anti-cancer, anti-oxidant, hypoglycemic, anti-bacterial, anti-viral properties anti-inflammatory activity, anti-tussive, anti-pyretic, and haemostatic, analgesic activity.[6]

Materials:

The fresh fruits of *Phoenix dactylifera* and *litchi chinensis* were obtained from a local manufacturing company. The plant specimens were authenticated by DR. K. MADHAVA CHETTY Assistant professor of botany, Department of Pharmacognosy, Sri Venkateshwar University, Tirupathi.

Standard drug: phenytoin (1mg/kg) i.p. used as a reference standard drug.

Other chemicals:

- Ethanol—solvent for extraction.
- pentylene tetrazoles.c
- Normal saline— for reconstitution of plants P.D and L.C
- Ethanolic extract of P.D, L.C, and P.D+L.C

V. Methodology:

1. Extraction method: Maceration technique was used for extraction of plants. Requirements are as follows;

Solvent: Ethanol (99.9%)

Apparatus: Porcelain jars, Beakers, Glass dishes, Foil wrap and Muslin cloth

Maceration process:

The seeds of the fruits were carefully removed and the fleshy region of the fruit (mesocarp) is dried at room temperature prior to extraction. After drying the flesh, it is crushed into coarse powder (500g) each and then each one macerated with 1 litre of analytical grade ethanol for 48 hours. Firstly, in a clean and dry porcelain jar, the grounded drug and ethanol (500ml) is added in 1:2 ratio and the powdered drug is left to be soaked in ethanol at room temperature, after 24 hours again the remaining quantity of ethanol (500ml) is instilled to the same porcelain jar and is again kept aside for another 24 hours. After completion of 48 hours, all the contents in the porcelain jar was filtered through muslin cloth. Extracts were obtained when the filtrate was concentrated by evaporating the filtrate at room temperature.



Fig.4)Ethanolicextractofphoenixdactyliferaand litchichinensis

2. Phytochemicalscreening

The crude extract was then screened for the presence of secondary metabolites like; carbohydrates, alkaloids,sterols, phenols, saponins, tannins, flavonoids, proteins, triterpenoids and amino acid by following standardprocedures given in practical pharmacognosy by K.R. Khandelwal and C.K. Kokate. All the chemicals andreagentsusedwereofanalyticalgrade.

3. Experimentalanimals

Male Albino wistar rats weighing 180-200 g, and swiss albino mice 15-25g are fed with food (rat chow) andwater ad libitum, andmaintained at a relative humidity of 65% to 86%, temperature of 23°C to 25°C, in aschedule of 12 hours of light and 12 hours of dark. All experiments were performed according to the guidelinesoftheEthicalcommittee(CPCSEA).



Fig5)Experimentalratsandmice

4. Acute toxicitystudies

EffectivedoseandLD50ofstestdrugsweredeterminedbyperformingATStfollowingOECDguidelines 423. 4 groups of 3 mice and 3 rats each with 5 chosen dosages of the test substance i.e 200mg/kg,400mg/kg, 1600mg/kg, 2000mg/kg by oral gavage. Animals are looked for mortality, signs of gross harmfulnessand lead changes at 30 min, 2, 4 and 6 hours after the starting and therefore consistently for 14 persistent days.Bodyweightisrecordedgoingbeforedosing, andondays7and14.

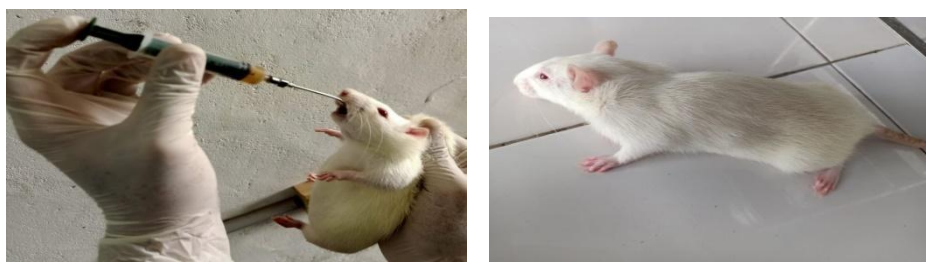


Fig 6)ATSoftestdrugsin experimentalanimals.

1. Experimental design

Albinowistarrats(180-200g), Swissalbinomice(15-25g)

Table 1 :Grouping of experimental animals.

Groups	Ageofanimalsin weeks	Numberof animals	Treatment	Dose
GroupI	12	6	Normalcontrol(Normal saline)	0.2ml/100gp.o
GroupII	12	6	Negativecontrol (pentylenetetrazole)	60mg/kgs.c

GroupIII	12	6	Standard drug(phenytoin)	1mg/kgi.p
GroupIV	12	6	Ethanolicextractof Phoenixdactylifera	200mg/kgp.o
GroupV	12	6	Ethanolicextractof litchichinensis	200mg/kgp.o
GroupVI	12	6	Ethanolic extract ofphoenixdactylifera+ litchichinensis	200mg/kgp.o

2. ScreeningmodelsforAnti-epilepticactivity

i. Maximal electroshock induced convulsions

Standard drug: phenytoin (1mg/kg) i.p

- **Procedure :**

The test is begun 60 min after oral treatment with the test compound and the vehicle. A device with ear terminals (Woodbury and Davenport 1952) is utilized to convey the stimuli. The power of stimulus is reliant upon the contraption, 12 mA, 50 Hz for 0.2 s have been utilized. Under these conditions all vehicle treated mice show the characteristic extensor tension.

- **Evaluation :**

The mice are noticed intently for 2 min. Disappearance of the hindleg extensor tonic seizure is utilized as certain basis. Percent of restraint of seizures comparative with controls is determined.

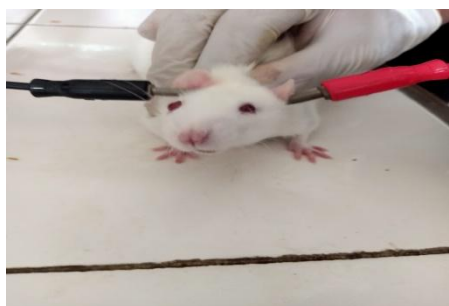


Fig. 29) Electrocuting mice using ear electrodes to induce convulsions

Fig. 30) Tonic hind limb extension seizure in mice

ii. Pentylenetetrazole induced convulsions in rats

Negative control: pentylenetetrazoles.c (60mg/kg)

Standard drug: phenytoin (1mg/kg) i.p

- **Procedure :**

Male albino rats 180 and 220g are utilized. Sixty minutes after sc- infusion, 60 mg/kg PTZ are infused subcutaneously. Every animal is set into an individual plastic enclosure for perception enduring 1 hour. Tonic-clonic convulsions and Seizures are recorded. Basically 80% of the rats in the control group need to show seizures.

- **Evaluation :**

The quantity of rodents that are protected in the treated groups is determined as the percentage of influenced rats in the control group. Moreover, the time span between PTZ-infusion and event of seizures can be estimated. The deferral of beginning is determined in examination with the vehicle treated group.



Fig. 31) subcutaneous administration of PTZ in rats

Fig. 32) PTZ induced tonic-clonic seizures in rats

3. Biochemica estimation

Blood is collected by retro-orbital puncture for assessment of mono-amin neurotransmitters namely, dopamine, serotonin, norepinephrine.



Fig. 9) Collection of blood samples from experimental animals by retroorbital puncture.

4. Histopathological studies

Extraction of rat brain: 1 rat from each group was anaesthetized using isoflurane and later euthanized. Brains were extracted out and kept in 10% neutral buffered formalin for laboratory testing. Cerebral cortex and hippocampus was examined during histological studies.



Fig.10) Extraction of rat brain for histopathological studies.

VI. Results

1. Phytochemical results of E.E.P. and E.E.L.C

Table 2: observation table of preliminary phytochemical test of E.E.P. and E.E.L.C

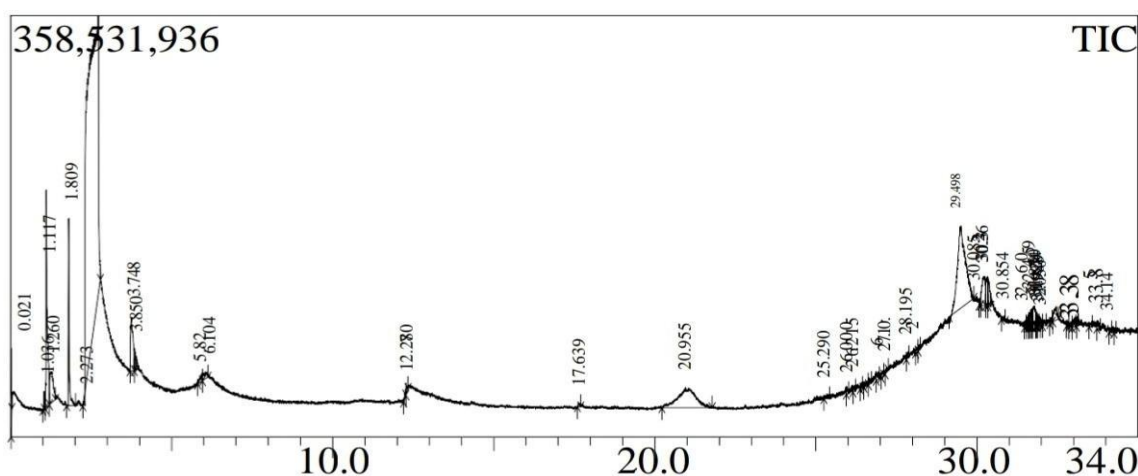
Assay	E.E. of <i>Phoenix dactylifera</i>	E.E. of <i>Litchi chinensis</i>
Carbohydrates		
Molisch's test	+++	++
Osazon test	-	-
Test for ketones (selivanoff's test)	++	+++
Barfoed's test	+	-
Alkaloids		
Dragendorff's test	++	-
Hager's test	+	-
Mayer's test	-	-
Sterols		
Salkowski's test	+	-
Libermann-Burchard's test	++	+++
Phenols		
Ferric chloride test	+	+
Lead acetate test	-	++
Saponins		
Froth test	+++	+
Foam test	-	-
Tannins	+	+++
Flavonoids		

Alkaline reagent test	++	+
Lead acetate test	++	+++
Ferric chloride test	+	-
Proteins and amino acid		
Biuret test	-	-
Millon's test	+++	+++
Ninhydrin test	-	+
Triterpenoids	++	+

+ = positive, - = negative

Ethanolic extract of the mesocarp of *Phoenix dactylifera* showed presence of carbohydrates, alkaloids, flavonoids, saponins, tannins, sterols, phenols, proteins and triterpenoids. Whereas, Ethanolic extract of the fruit of *Litchi chinensis* had shown the presence of carbohydrates, sterols, phenols, saponins, flavonoids, tannins, triterpenoids and proteins and amino acids.

2. GCMS Analysis of *Phoenix dactylifera*



s.no	Retention time	Chemical constituents	Area%	Uses
1	20.955	Dimethyl Sulfoxide	11.38	Anti-epileptic, analgesic
2	1.809	1,5-Heptadien-3-yne	4.55	Anti-epileptic, analgesic, anti-bacterial.
3	3.784	Methyl methanesulfonate	4.21	Anti-epileptic, anti-psychotic, alkylating agent, anti-cancer.

Table 3. GCMS Analysis of *Phoenix dactylifera*

2. GCMS Analysis of ethanolic extract of *Litchi chinensis*

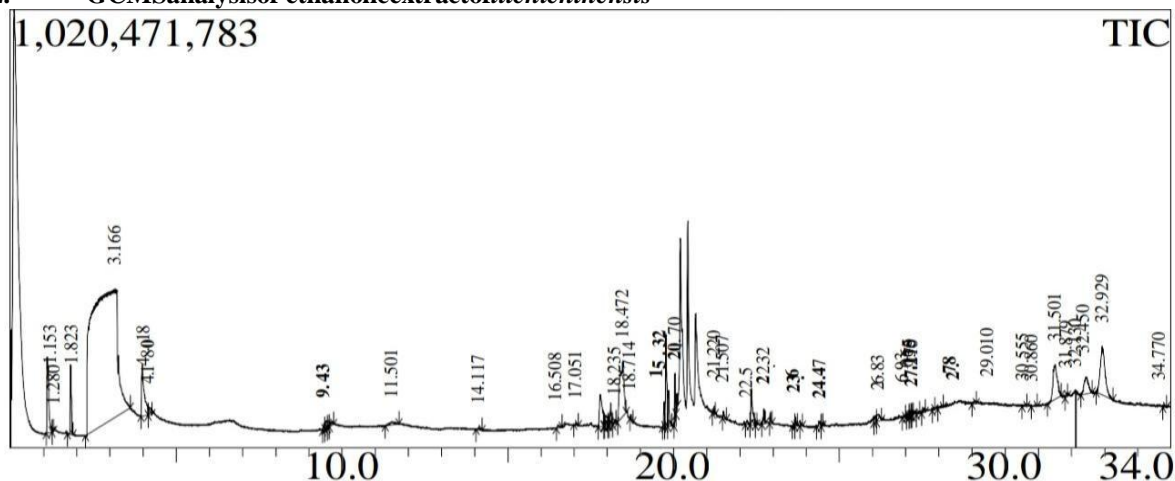


Table4)GCMSanalysisofE.E.L.C.

S.no	Retentiontime	Chemicalconstituents	Area%	uses
1	26.410	N-ethoxycarbonylhydrazon	2.03	Anti-epilepsy, anti-bacterial, immunomodulator,anti-diabetic, anti-viral.
2	9.550	4-hydroxyadamantan-2-one	1.76	Anti-epileptic, anti-viral, treatment of influenza.
3	32.930	lupeol	4.38	Anti-convulsant, Anti-cancer, anti-inflammatory, dietary triterpene.

3. Acutotoxicitystudy

ATSfortheE.E.P.DandE.E.L.CwercarriedoutinratsandmiceasperOECDGuidelineNo.423.Thesultsofthesestudiesareasfollows:

LD50:lethaldoserangeofethanolicextractofboth theplants couldbeconsideredtobeabove2000mg/kg.

ED50:1/10thofthemedianlethaldose(2000mg/kg)thatis200mg/kgwasconsideredas effective.

4. Evaluationofbehavioralparameters.

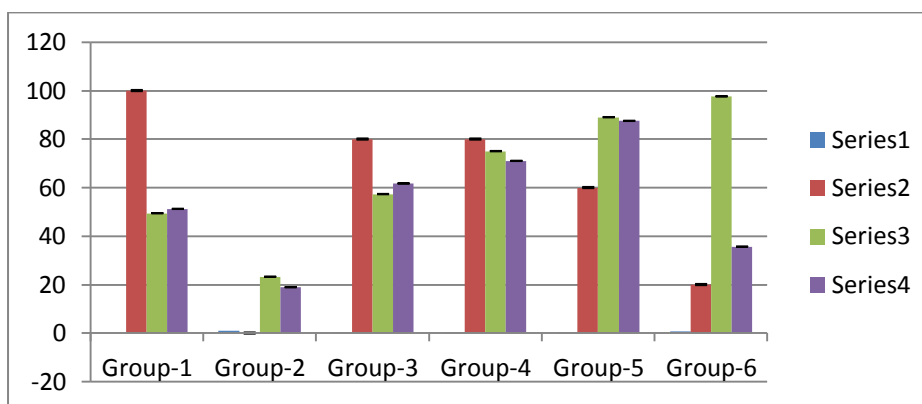
Anti-epileptic activity

a) **Pharmacological evaluation of anticonvulsant activity of E.E.P.D and E.E.L.C, E.E.P.D + E.E.L.C usingPentylenetetrazol-induced model**

Table 5) EffectsofE.E.P.D and E.E.L.C, E.E.P.D + E.E.L.C usingPentylenetetrazolinduced(P TZ) anticonvulsant.

Treatment	Parameters			
	No. ofanimal convulsed	Animal protected(%)	Latency toClonicSeizures	Latency toMyoclonicSeizure
Normal control	0/6 (0.00)	100	49.41±0.25	51.21±0.08
Negative control: pentylenetetrazole 60mg/kg s.c	6/6 (1)	0	23.22±0.09	18.90±0.65
Standard dose: Phenytoin 1mg/kg	1/6 (0.16)	80	57.3±0.74**	61.7±0.29**
Plant 1: E.E.P.D 200mg/kg	1/6 (0.16)	80	75.01±0.71**	71.0±0.42**
Plant 2: E.E.L.C 200mg/kg	2/6 (0.33)	60	89.01±0.69**	87.5±0.99**
Plant 1+2: E.E.P.D 100mg/kg + E.E.L.C 100mg/kg	4/6 (0.66)	20	97.61±0.31*	35.61±0.90

Values are expressed as mean ± SEM (n = 6). **P < 0.001 and *P <0.05 vs. Vehicle (One-way ANOVAfollowedbyDunnett'stest).PTZ:Pentylenetetrazol,i.p:Intraperitoneal,s.c:subcutaneous.

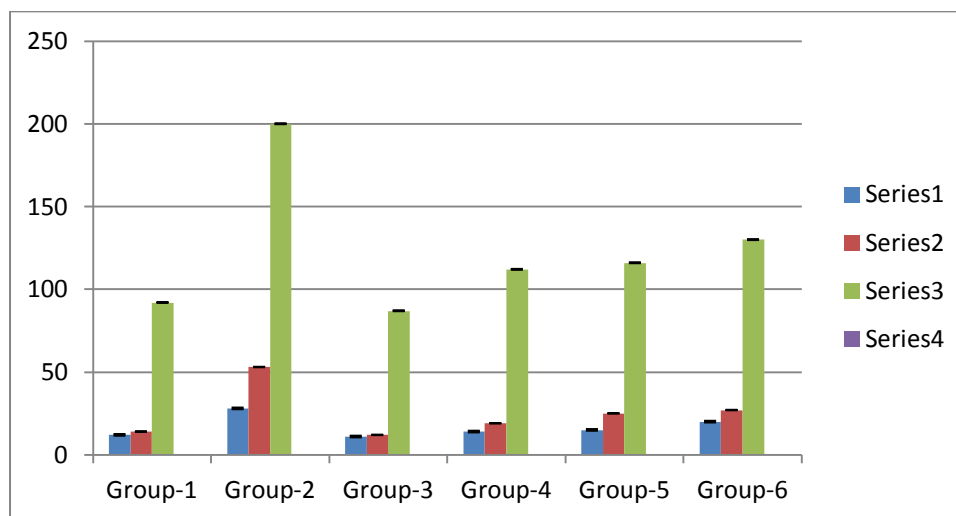


b) Maximal Electroshock Induced Convulsion

Table 6) Effect of E.E.P.D and E.E.L.C, E.E.P.D + E.E.L.C in Maximal Electroshock induced convulsion.

Sample	Number of Animals (n)	Duration of Convulsion (Time in Sec)			Death %age
		Flexion	Extensor	Stupor	
Control	6	12±0.05	14±0.03	92±0.4	0/6 (0.00)
Toxic control	6	28±0.25	53±0.08	200 ± 0.52	3/6 (0.5)
Standard (Phenytoin 25, i.p)	6	11±0.36**	12 ± 0.22**	87 ± 0.36*	0/6 (0.00)
Plant 1: E.E.P.D 200mg/kg	6	14±0.38**	19±0.76**	112 ± 0.50*	1/6 (0.16)
Plant 2: E.E.L.C 200mg/kg	6	15 ± 0.38**	25 ± 0.07*	116 ± 0.30*	1/6 (0.16)
Plant 1+2: E.E.P.D 100mg/kg + E.E.L.C 100mg/kg	6	20±0.78*	27 ± 0.76*	130 ± 0.32*	1/6 (0.16)

All values expressed as mean±SEM; n=6 rats in each group, by one-way ANOVA followed by Dunnett's Test (compared with control group) *p<0.05 and **p<0.01, i.p-intraperitoneally, p.o-oral.



5. Biochemical estimation of effects of *Phoenix dactylifera* and *Litchi chinensis* on monoamines level in Non-stressed and stressed rats.

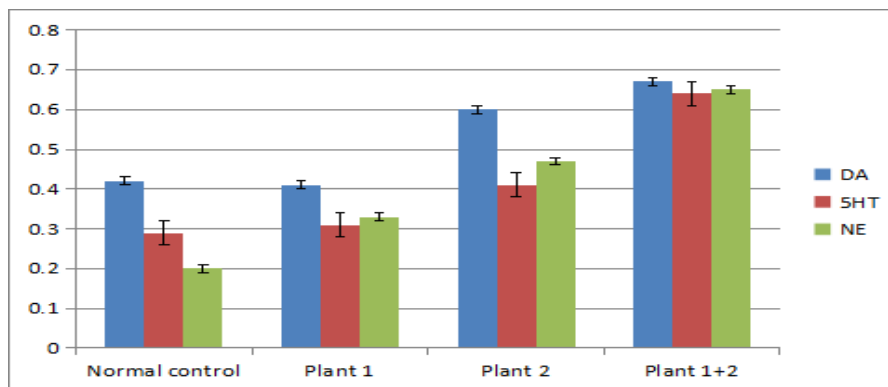
Effect of E.E.P.D (200mg/kg) p.o, E.E.L.C (200mg/kg) p.o, E.E.P.D (100mg/kg) + E.E.L.C (100mg/kg) p.o or vehicle (10ml/kg) p.o on 5-HT, DA and NE level in blood samples of non-stressed and stressed experimental rats.

Table 7) Effect of E.E.P.D and E.E.L.C, E.E.P.D + E.E.L.C on monoamines level in blood samples of Non-stressed and stressed rats.

Sample	DA	5HT	NE
Control: Vehicle	0.42±0.05	0.29±0.04	0.20±0.02
Plant 1: E.E.P.D (200mg/kg) p.o	0.41±0.7***	0.31±0.08**	0.33±0.05**
Plant 2: E.E.L.C (200mg/kg) p.o	0.60±0.07**	0.41±0.29**	0.47±0.06**

Plant 1 + 2 : E.E.P.D(100mg/kg)+E.E.L.C (100mg/kg)po	0.67±0.01	0.64±0.04*	0.65±0.08*
--	-----------	------------	------------

Experimental data was analyzed by two-way ANOVA test and expressed as mean ± SEM (n=6), *p<0.01 compared to nonstressed vehicle group, **p<0.001 compared to stressed + vehicle control group.



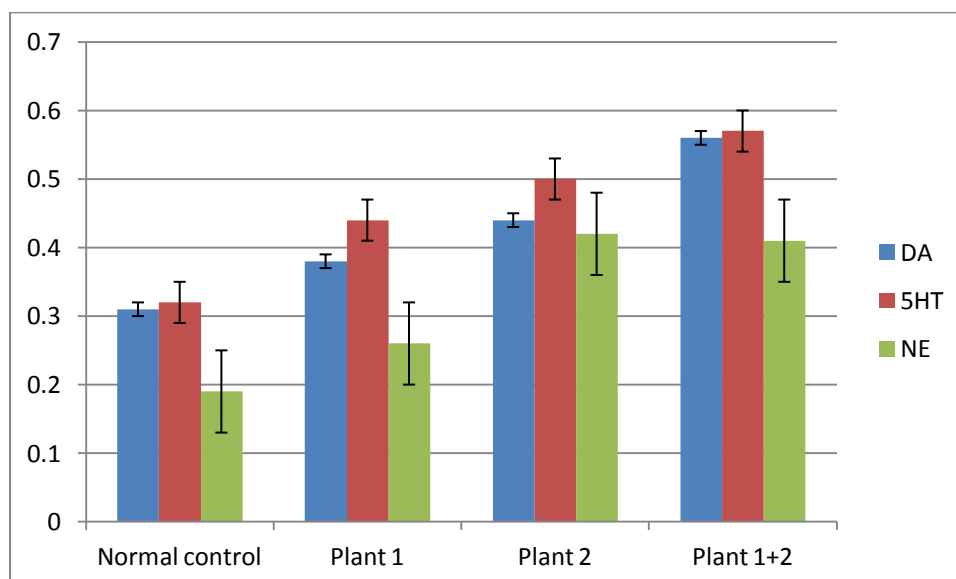
6. Biochemical estimation of effects of phoenix dactylifera and litchi chinensis on monoamines level in Non-stressed and stressed mice.

Effect of E.E.P.D (200mg/kg) p.o, E.E.L.C (200mg/kg) p.o, E.E.P.D (100mg/kg)+ E.E.L.C (100mg/kg)p.o or vehicle(10ml/kg) p.o on 5-HT, DA and NE level in blood samples of nonstressed and stressed mice.

Table 8) Effect of E.E.P.D and E.E.L.C, E.E.P.D + E.E.L.C on monoamines level in blood samples of Non-stressed and stressed mice.

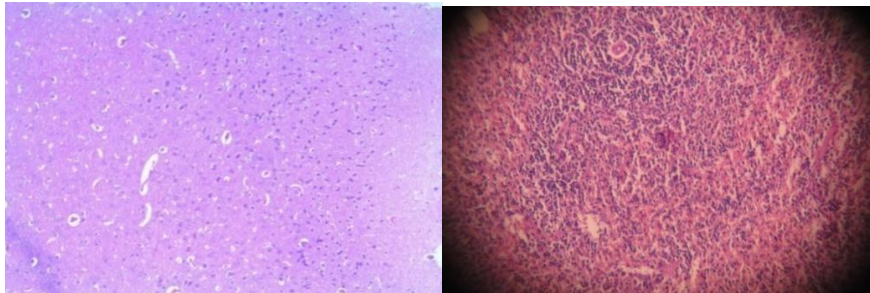
Sample	DA	5HT	NE
Control: Vehicle	0.31±0.04	0.32±0.05	0.19±0.02
Plant 1 : E.E.P.D (200mg/kg)p.o	0.38±0.07**	0.44±0.28**	0.26±0.06**
Plant 2 : E.E.L.C (200mg/kg)p.o	0.44±0.06**	0.50±0.10*	0.42±0.07*
Plant 1 + 2 : E.E.P.D (100mg/kg)+ E.E.L.C (100mg/kg)p.o	0.56±0.07**	0.57±0.05	0.41±0.04*

Experimental data was analyzed by two-way ANOVA test and expressed as mean ± SEM (n=6), *p<0.01 compared to nonstressed vehicle group, **p<0.001 compared to stressed + vehicle control group.

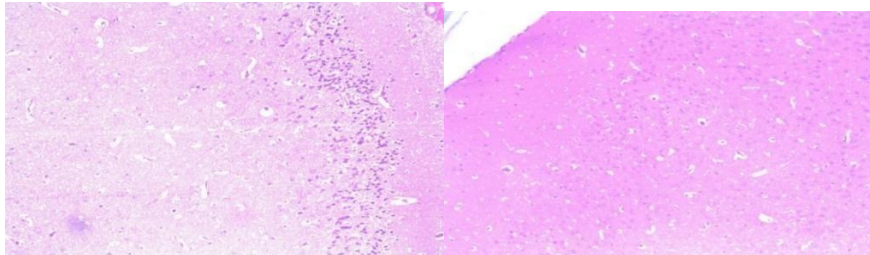


7. Histopathological studies. Cerebellar cortex

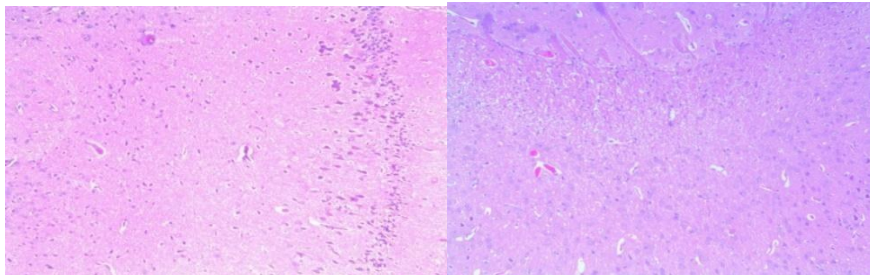
A. Normal control B. Negative control



C. Standard D. Plant1 (E.E.P.D)



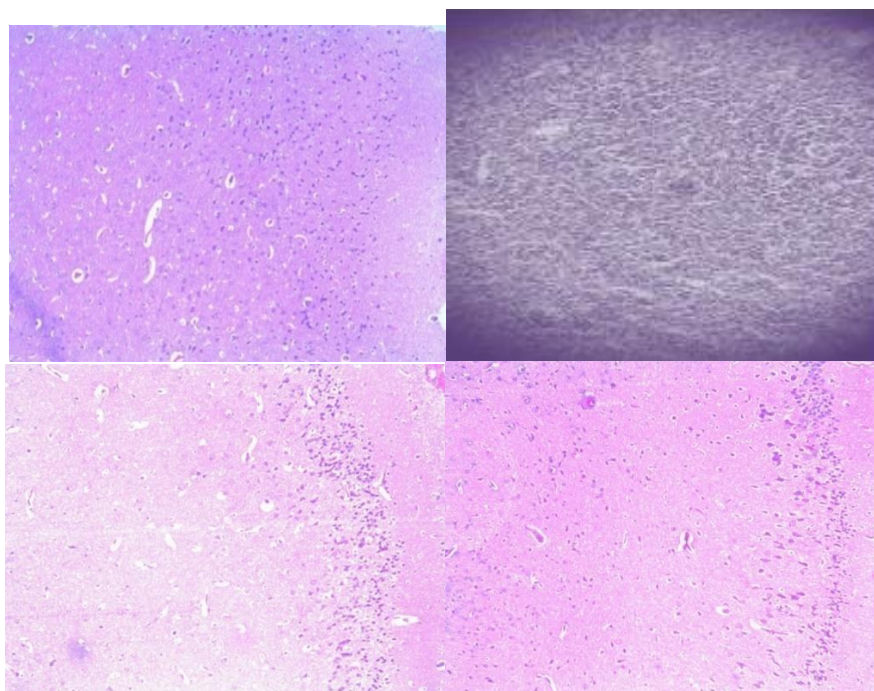
E. Plant2 (E.E.L.C) F. Plant1+2 (E.E.P.D+E.E.L.C)



Hippocampus CA1 area

G. Normal control H. Negative control

I. Standard J. Plant1 (E.E.P.D)



K. Plant2 (E.E.L.C)

L. Plant1+2 (E.E.P.D+E.E.L.C)

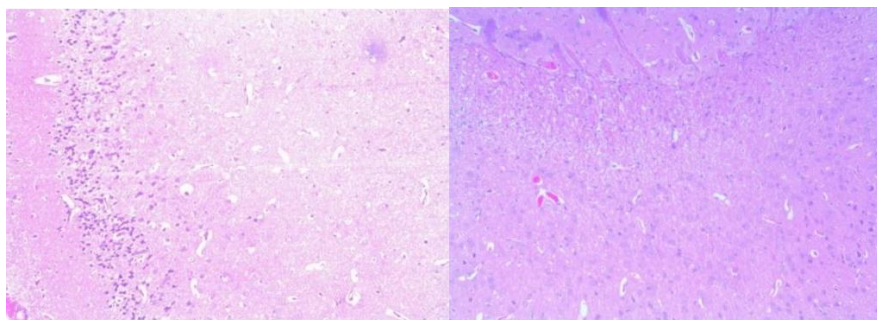


Fig.11) Histopathology slides of cerebral cortex and hippocampus of albino Wistar rats.

Photomicrographs illustrating stained sections (x400, scale bar=50µm) of Wistar rats. (A-F): Cerebellar cortex sections, (G-L): Hippocampal CA1 sections. (A, G): Control sections representing normal architecture, neurons having large vesicular nuclei, and small dense neuroglial cells. (B, H): Negative control groups channeling shrunken degenerated neurons with perineural spaces that also exhibit areas of neurons loss, tied up surrounding neuroglial cells, wide neuropil and congested capillary. (C, D, E) in the upper panel and (I, J, K) in the lower panel shows treated groups normal neural architecture with large vesicular nuclei with minute perineural spaces indicating few tethered neuroglial cells. (F, L) demonstrating treated neural cells with reduction in the thickness of pyramidal layer and granular cell layer with few areas of neurons loss.

IV. Discussion And Conclusion

Phoenix dactylifera is popular for its nutritional value and numerous medicinal properties. It is rich in fatty acids like stearic acid, palmitic acid, and linoleic acid. *Phoenix dactylifera* due to the presence of rich phenolic content such as caffeic acid, ferulic acid, catechin, procatechuic acid, gallic acid, p-coumaric acid, resorcinol, syringic acid and flavonoids such as quercetin, luteolin, apigenin, rutin, isoquercitrin is an antioxidant. All these phytochemical constituents are highly beneficial for many diseases. [7]

Litchi chinensis is widely accepted in many sub-tropical and tropical regions as a healthy, beneficiary fruit. Used for curing number of ailments, similar to dates; litchi is rich in phenolic and flavonoid content. Polyphenols and flavanols are well known for their anti-epileptic activities in different animal models. Anti-epileptic properties of polyphenols are closely linked to their anti-oxidant properties.

The GCMS analysis of E.E.P.D is undertaken in the present investigation confirms the chemical constituents such as Dimethyl Sulfoxide, 1,5-Heptadien-3-yne, Methyl methanesulfonate which are scientifically known to have anti-epileptic effect. The GCMS analysis of E.E.L.C confirms the phytochemical constituents namely, N-ethoxycarbonylhydrazon, 4-hydroxyadamantan-2-one, lupeol which numerous studies and researches demonstrated to possess anti-epileptic effect.

The acute toxicity studies were conducted according to the OECD guidelines 423. It was found that the extracts of phoenix dactylifera and litchi chinensis even at the 2000mg/kg dose had not shown any signs of toxicity confirming its non-toxic nature.

During the study of behavioural parameters as well as neurotransmitters, the extracts of phoenix dactylifera and litchi chinensis individually have shown results almost like the standard dose. While the extract of phoenix dactylifera being the most effective one throughout the study. While the combination of the plant's extracts seemed to have very less impact comparative to their individual doses.

Histological slides of group 4 (D, J) and 5 (E, K) displayed to be effective, whilst group 4 (D, J) showed the most effective action and group 6 (F, L) were seen exerting the least effect comparative to standard activity.

Outcomes of present work indicate that *phoenix dactylifera* and *litchi chinensis* exert anti-convulsant effects by altering behavioural and molecular patterns in the hippocampal and cortical regions of rats exposed to stress. Therefore, the present studies confirmed the presence of such phenols and flavonoids and their content by performing GCMS analysis of the test plants. i.e. *phoenix dactylifera* and *litchi chinensis* and evaluated these constituents for the active anti-epileptic activity in animal models as they possess similar physiology to humans for the positive result and active neurological effect of these drugs in humans.

Bibliography

- [1]. Duncan JS, Sander JW, Sisodiya SM, Walker MC. Adult epilepsy. The Lancet. 2006 Apr 1;367(9516):1087-100.
- [2]. Tripathi KD. Essentials of pharmacology. New Delhi, Jaypee brother's medical publishers Pvt. Ltd. 1999. 2004;256.
- [3]. Shorvon S, Perucca E, Engel Jr J, editors. The treatment of epilepsy. John Wiley & Sons; 2015 Sep 15.
- [4]. Abuowfi A, Abuowfi A. Hepatoprotective Activity of Date Palm (*Phoenix dactylifera*) Pollen Grains in Rats. University of Khartoum. 2009 Dec.
- [5]. Kilari EK, Putta S. Biological and phytopharmacological description of *Litchi chinensis*. Pharmacognosy reviews. 2016 Jan; 10(19):60.

- [6]. IbrahimSR, MohamedGA. Litchichinensis: medicinal uses, phytochemistry, and pharmacology. *Journal of ethnopharmacology*. 2015 Nov 4; 174:492-513.
- [7]. Subakanmani.S, Murugan. Setal. Evaluation of Neuropsychopharmacological Effects of Hypericum hookerianum Extract on Swiss Albino Mice Department of Biotechnology Karunya University (15/06/2015).

Sheema Tarannum. "Evaluation of Anti-Epileptic Activity of Ethanolic Extract of Phoenix Dactylifera Lin. And Litchi Chinensis Sonn. Using Experimental Animals." *IOSR Journal of Pharmacy and Biological Sciences (IOSR-JPBS)*, 16(6), (2021): pp. 08-20.